



Rooted in Purpose

Your Power, Your Strength

SCHOOL RESOURCES:



STUDENTS: Talk to a school counselor or mental health professional who can guide you to and/or assist with needed support.

PARENTS: Contact your child's school or the Mental Health Parent Assistance Line at (305) 995-7100.

COMMUNITY RESOURCES:



District and school staff work with students, parents/ guardians and families to provide outside mental health agency support.

FOR ADDITIONAL ASSISTANCE:



National Suicide Prevention Lifeline
Call/Text: 9-8-8
24-hour crisis support



M-DCPS
DEPARTMENT OF
MENTAL HEALTH SERVICES

